

Welcome booklet

Welcome to the Lycée La Mennais !

We wish you a pleasant stay with us and an exciting life experience.

To make sure you enjoy your stay, here are a few things to know.

Housing :

You will be offered a room in a four-bedroom shared apartment in the Lycée La Mennais. Each room has its own bathroom. Some of the spare bedrooms may sometimes be occupied. The apartment is located in the high school.

It will be furnished with a bed, a night table, a chair, a desk, two lamps, a shelf, a wardrobe. Bed linen are provided as well (sheet, duvet, duvet covers, and pillows).

There is a fully equipped kitchen and a washing machine.

WIFI is available. When arriving, you will be given a password (bring your laptop with you).

You won't be charged for heating, electricity and water. Please try not to overuse them.

You may invite friends in the apartment as long as your roommates agree. Of course, you have to make sure your guests won't affect the image of the high school where you are hosted. Make sure no degradation of any place in the high school is committed. If you wish inviting anyone overnight, you have to tell M Menard first and make sure beds are available.

At the end of your stay, the apartment will be left in its original condition. Make sure to give all the keys back. In case a key is lost, a copy will have to be made.

The address of the apartment:

24 rue Jean Baptiste Legeay, 44350 Guérande

Important phone numbers:

- **Christelle Goazou**- International programs coordinator : + 33 (0) 6 17 69 44 74

- **Lycée La Mennais** : 02.40.62.08.20

- **Doctors** : Leblais François (13 rue Bizienne, 44350 Guérande) 02.40.15.64.64

Marty Florence (4 rue Métais La Madeleine, 44350 Guérande) 02.40.19.53.49

Transport :

You will be welcomed either in St Nazaire or La Baule and driven back to one of those places when you leave at the end of your internship. You have to organize all the trips that you could make during your stay by yourself.

A bike will be available for you during your stay. You can also use the bus network : <http://www.ville-guerande.fr/vivre/deplacements/transports-en-commun>

How to get to Guerande :

- ❖ **The best would be to land in Nantes.**

- ❖ **From Nantes airport to Nantes main station** : from the airport, take the shuttle to the main train station in Nantes.
Navette Nantes Aéroport: in front of the airport (SNCF bus stop).
<http://www.nantes.aeroport.fr/acces/navettes>

- ❖ **From Nantes train station to Guérande** : Take the train to St Nazaire or La Baule Escoublac. From St Nazaire or La Baule, you can take a bus to Guerande. Ligne n°2 Herbignac / St Lyphard / Guérande / Saint Nazaire: http://lila.loire-atlantique.fr/jcms/lignes-lila/les-horaires/les-fiches-horaires/lila-lignes-regulieres-les-fiches-horaires-fr-dev_6272

- ❖ In case you land in Paris :
 - The best is Charles de Gaulle Airport : from the airport, you can take a direct train to Nantes or even better to St Nazaire, or you can also fly to Nantes.
 - You may land in Paris Orly : from there, take a shuttle to Montparnasse station.
 - Avoid Beauvais which is far from Paris.

- ❖ From Paris to St Nazaire :
 - Carsharing : Blablacar (site de covoiturage) : <https://www.blablacar.fr/>
 - Train : SNCF (train) : <http://www.voyages-sncf.com/> -> From the Paris Montparnasse station to Saint Nazaire or La Baule Escoublac

- ❖ Plane : there is a direct flight from Paris to Nantes.

- ❖ **Who does what in the lycée La Mennais ?**

- ❖ **Mr Ménard Olivier** : headmaster

Mr Cossec David : in charge of the students outside the classes

Mr Lemaître Samuel : IT manager

Mr Eric Bernier : in charge of the maintenance of your apartment

Mme Macé Fabienne : secretary

Mme Bidon Maryse, Véronique Picqueray, Mr Thomas Boureau, Mr Sébastien Plou, Mr Jérémy

Rouene, Mme Aurelia Bourse : English and European section teachers

Andréa Sturmbauer German teacher

Mme Christelle Goazou : Spanish teacher